



## *An Authentic Family Tradition*



*Our intention is to continue serving good tasting dishes daily and homemade soups. Along with that of course, we intend to serve breakfast all day, other popular favorites and desserts. We believe that the warm, easy-going atmosphere is every bit as important to our customers as what's on the menu.*

*We are pleased to serve you  
and appreciate your patronage!*

# Appetizers & Soups

## Smothered Pierogies

with caramelized onions, sour cream & scallions 6.99

**Plain Pierogies** 5.99

## Buffalo Tenders

with bleu cheese dressing 8.99

## Mozzarella Sticks

with marinara sauce 7.49

## Loaded Baked Potato

stuffed with bbq pulled pork & cheddar cheese 6.99

## Wings

Mild - Hot - BBQ - Honey Mustard, served with celery sticks and bleu cheese dressing 7.99

## Steak Cut Onion Rings

with Ranch dressing 6.49

## Parkland's Fries

American cheese & gravy 3.99

## Parkland's

## Loaded Fries

Cheddar cheese, bacon, and BBQ sauce 5.99

## Stuffed Mushrooms

Filled with our crabcake filling 8.99

## PARKLAND'S Appetizer Sampler

(2) chicken fingers, (2) mozzarella sticks, (2) pierogies, and (3) onion rings, and marinara sauce. 10.99

**:: NO SUBSTITUTIONS PLEASE ::**

## Homemade Soups

Always hot and hearty. Ask your server for today's selection. Cup 3.29 | Bowl 3.99



## Crock of French Onion Soup 5.49

## Quesadillas

Scallions, tomatoes, cilantro, Monterey Jack & cheddar cheeses, served with salsa & sour cream

**CHICKEN** 10.99 | **STEAK** 10.99

## VEGGIE

Onions, peppers, mushrooms & broccoli 9.99



## Personal Pizza

add meat 1.99 | add vegetable 1.00

**CHEESE** 6.99

**MEAT TRIO** 10.99

Cheese, bacon, pepperoni, sausage

served with cup of soup



## Fresh Salads

### Dressing Choices:

Greek Vinaigrette | Creamy Italian | French | Russian | Ranch | Bleu Cheese | Lite Italian Vinaigrette | Balsamic

## Chef's Salad

Thinly sliced roast beef, ham, turkey, and American cheese rolled on a bed of greens with sliced onion, green pepper, tomato and hardboiled egg 10.99

## Cobb Salad

Grilled or crispy chicken, bacon, hard boiled egg, greens, tomatoes, onions, and green peppers 12.99

## Tuna or Chicken Salad Platter

Served on a bed of lettuce with tomatoes, hard boiled egg, green pepper, onion and chef's garnish side of coleslaw, cucumber salad, pickled beets and pasta 10.99

## Caesar Salad

Romaine lettuce tossed in our homemade Caesar dressing with parmesan cheese and seasoned croutons 7.99

**add chicken** 4.99

**add shrimp or salmon** 5.99

## Chicken Salad

Grilled or crispy chicken atop greens, tomatoes, onions and green peppers 10.99

## PARKLAND'S Greek Salad

A mixture of greens, tomatoes, onions, cucumbers, green peppers, anchovies, feta cheese, black olive and stuffed grape leaves, served with Greek vinaigrette, and specialty herbs 10.99

**add chicken or gyro** 4.99

## Taco Salad

Tomatoes, lettuce, salsa and sour cream, jalapeños, olives, shredded cheese, pico de gallo, black bean. Choice of **taco meat** or **chicken** served in a tortilla bowl 11.99



# Hot & Cold Sandwiches

## Specialty Sandwiches Deluxe

Served with cup of *soup* OR *fries*, cole slaw and pickle

### Classic Gyro or Chicken Gyro

Served on pita bread with lettuce, tomato, onions, and tzatziki sauce 9.99

### Turkey Rachel

Served on rye bread, with cole slaw, 1000 island dressing, and Swiss cheese 9.99

### Tuna OR Chicken Salad Sandwich

on pita with lettuce and tomato 9.99

### Corned Beef Reuben 9.99

### Roast Beef Melt

on Kaiser roll with Swiss cheese and onion 9.99

### Fried Chicken Patty

on Kaiser roll with lettuce and tomato 9.99

### Tuna OR Chicken Salad Hoagie

with lettuce, tomato, onion, mayo 9.99

### Fried Haddock Sandwich with lettuce 9.99

### Turkey Provolone Hoagie

with mayo, lettuce, onion, tomato 9.99

### Monte Cristo Sandwich 9.99

### Cold Meatloaf Sandwich with mayo and lettuce 8.99

### BBQ Pulled Pork on Kaiser roll 9.99

### Pulled Pork Reuben 9.99



## Club Sandwiches

Served on your choice of white, wheat or rye with lettuce, tomatoes, bacon, mayo, cole slaw & pickle

**Your Choice 9.99**

**Roast Beef | Turkey | Ham | Tuna  
Cheeseburger**



## Hot Open Sandwiches

Served with gravy & two sides **Your Choice 11.99**

**Roast Beef | Roast Turkey  
Baked Virginia Ham  
Homemade Baked Meatloaf**



## Classic Sandwiches

Served with cole slaw and pickle | *add* tomato slice .25 | *add* cheese (2 slices) 1.00

### Steak or Chicken Sandwich 7.49

### California Steak or Chicken Steak Sandwich 7.99

### Cold Roast Beef with mayo and lettuce 6.99

### Cold Baked Ham with mayo and lettuce 5.99

### Cold Roast Turkey with mayo and lettuce 5.99

### Tuna OR Chicken Salad with lettuce 6.99

### Grilled Cheese 5.99 *add* bacon or ham 6.99

### Meatball Parmigiana Hero 6.99

### Fried Tilapia Sandwich with lettuce on Kaiser roll and tartar sauce 6.99

### PARKLAND'S

### Fried Crab Cake with lettuce on Kaiser roll and tartar sauce 7.99

### Buffalo Chicken Sandwich on Kaiser roll with bleu cheese dressing and buffalo sauce 8.49

### Pork Roll Sandwich on Kaiser roll 5.99

### Veal Parmigiana Hero 7.99

### Grilled Chicken Sandwich on Kaiser roll with lettuce, tomato and mayo on side 7.99

### Bacon, Lettuce, Tomato with mayo 5.99

### Tuna Melt Sandwich tuna, American cheese and tomato on grilled rye 7.99

### Chicken Salad Melt chicken salad, American cheese and tomato on grilled rye 7.49

### 2 Hot Dog with sauerkraut 4.99

# Burgers & Wraps

## \*Burgers

¼ lb. USDA choice beef. All served with cole slaw and pickle

- |                                    |   |   |
|------------------------------------|---|---|
| <b>Hamburger</b> 4.99              | <b>Patty Melt Burger</b> 5.99                                     | <b>California Burger</b><br>lettuce, tomato, mayo,<br>green pepper,<br>and raw onion 6.99 |
| <b>Cheeseburger</b> 5.99           | <b>Mushroom Swiss Burger</b> 5.99                                 | <b>Pizza Burger</b> 6.99  |
| <b>Bacon<br/>Cheeseburger</b> 6.99 | ♥ <b>Low Carb Burger</b> 5.99<br>cottage cheese, lettuce & tomato |   |

## DELUXE \*BURGERS

all deluxe burgers served with cup of soup or fries

<b>PARKLAND'S Special Burger</b>	<b>Tex Mex Burger</b>	<b>Greek Burger</b>	<b>Steak Burger</b>	<b>Grilled Chicken Burger</b>
Deluxe hamburger with lettuce, tomato, onion, green pepper, mayo 7.99	Two ¼ lb hamburger patties, fried onions, bacon, Monterey Jack and cheddar cheeses, BBQ sauce 9.99	feta cheese, lettuce, tomato, side of homemade tzatziki sauce 7.99	on steak roll fried onions, mushrooms, BBQ sauce, cheddar cheese 8.99	fried onions, bacon, BBQ sauce, Swiss cheese, pickle and cole slaw 9.99



## Wraps

- |   |  |   |   |
|---|--|---|---|
| <b>B L T Chicken Wrap</b><br>Diced chicken, bacon, lettuce, tomatoes, Monterey Jack & cheddar cheeses and ranch dressing, served with cole slaw & pickle 7.99 | <b>Tuna or Chicken Salad Wrap</b><br>Lettuce, tomatoes, Monterey Jack and cheddar cheeses, served with cole slaw & pickle 7.49 | <b>Turkey Club Wrap</b><br>Thinly sliced turkey breast, lettuce, tomato, bacon, and mayo, served with cole slaw & pickle 7.99 | <b>Veggie Wrap</b><br>tomatoes, onions, peppers, mushrooms, broccoli & Monterey Jack and cheddar cheeses, served with cole slaw & pickle 6.49 |
|---|--|---|---|

## DELUXE WRAPS Your Choice: 10.99

all deluxe wraps served with cup of soup or fries

<b>Mexican</b>	<b>Gyro</b>	<b>Chicken Caesar</b>	<b>Cheesesteak</b>	<b>Mediterranean</b>
Grilled chicken, rice, cheddar, black beans & salsa	Lettuce, tomato, onion & homemade tzatziki sauce	Grilled chicken, Romaine lettuce & caesar dressing	with marinara sauce and sautéed onions	Grilled chicken, onion, pepper, feta cheese, tomato & house dressing



# Dinner Entrées

## Homemade Favorites

Served with *salad* or *cup of soup*, two sides, bread & butter

**Turkey Dinner**  
roast young tom turkey with filling, gravy and cranberry sauce 13.99

**Homemade Baked Meatloaf**  
with gravy 11.99

**Honey Dipped Fried Chicken**  
13.99

**Homemade Shepherd's Pie**  
11.99

**Chicken Croquettes**  
on a bed of mashed potatoes covered with gravy 11.99

**Texas Meatloaf**  
with bacon, BBQ, topped with cheddar cheese 13.99

**Grilled Chicken Breast**  
marinated chicken over rice 13.99

**½ Roasted Chicken**  
over homemade filling 13.99



## Baskets \$11.99

Served with fries and cole slaw

**Chicken Finger Basket**  
with honey mustard sauce

**Shrimp Basket**  
with tartar sauce

**Fish & Chips**  
with tartar sauce



## Fajitas

Served with salsa, sour cream, guacamole, lettuce, Jack and cheddar cheeses, rice, flour tortillas, roasted onions, and peppers.

**Steak Fajita** 14.99

**Chicken Fajita** 13.99

**Shrimp Fajita** 15.99



# BEVERAGES

**Coffee** 1.99  
regular or decaf (free refills)

**Hot Tea**  
regular or decaf 1.99

**Herbal Tea** 2.59  
**Iced Coffee**  
(free refills) 2.99

**Soda**  
(free refills) 2.89

**Milk**  
small 2.29 | large 2.69

**Chocolate Milk**  
small 2.49 | large 2.69

**Hot Chocolate**  
with whipped cream 2.99

**Fruit Juices**  
small 2.65 | large 3.15

\*NOTICE However Consuming raw or undercooked meat, poultry, seafood, shellfish or eggs may increase your risk of food-borne illness

# Dinner Entrées

## \*Seafood

Served with **salad** or **cup of soup**, two sides, bread & butter | Add browned butter 1.00

### **Broiled Filet of Tilapia**

in butter 13.99

### **Fried Filet of Tilapia**

13.99

### **Broiled Filet of Haddock**

in butter 14.99

### **Broiled Salmon**

in butter 15.99

### **Broiled Filet of Flounder**

in butter 14.99

### **Fried Butterflied Shrimp**

14.99

### **Fried Filet of Haddock**

13.99

### **Broiled Stuffed Shrimp**

in butter 15.99

### **Broiled Crab Stuffed Flounder**

in lemon 14.99

### **Broiled Crab Stuffed Haddock**

in butter 14.99

### **Broiled Deep Sea Scallops**

in butter 16.99

### **Broiled Stuffed Mushrooms**

in butter 14.99

### **PARKLAND'S Crab Cakes** broiled or fried. 16.99

#### **BROILED SEAFOOD COMBINATION**

crab cake, stuffed shrimp, bacon wrapped scallops, haddock and stuffed mushroom with lemon butter 17.99



#### **FRIED SEAFOOD COMBINATION**

haddock, shrimp, scallops, and crab cake served with cocktail & tarter sauce. 17.99



## \*Steak & Chops

Served with **salad** or **cup of soup**, two sides, bread & butter

### **Ribeye Steak**

with steak cut onion rings 17.99

### **N.Y. Strip Steak**

with steak cut onion rings 16.99

### **Country Fried Steak**

with sausage gravy 12.99

### **London Broil**

with mushrooms and gravy 15.99

### **Fresh Baked Virginia Ham**

with fruit sauce 12.99

### **Boneless Pork Chops**

14.59

### **Center Cut Pork Chops**

14.59

### **Half BBQ Ribs**

11.99

### **Grilled Baby Beef Liver**

with onions and gravy 10.99  
add bacon 1.99

### **Handcrafted Chopped Sirloin**

with onions and gravy 12.99

#### COOKING TEMPERATURES FOR STEAKS AND BURGERS

**RARE**-cold, red center, **MEDIUM RARE**-cool, red center, **MEDIUM**-warm, pink center, **MEDIUM WELL**-hot, slightly pink center, **WELL**-hot, brown center



## **PARKLAND'S Stir Fry**

Served with **salad bar** or **cup of soup**, bread & butter. | Stir fry served over a bed of rice.

**Vegetable** 11.99

**Chicken** 14.99

**Shrimp** 15.99

**Beef** 14.99

# Dinner Entrées

## Italian Specialties

Served with *salad* or *cup of soup*, bread & butter

**Breaded Veal  
Cutlet Parmigiana**  
over linguini 13.49

**Breaded Veal Cutlet**  
with homemade gravy or  
homemade marinara sauce  
(served with two sides) 12.99

**Pork Parmesan**  
over linguini 13.99

**Breaded  
Chicken Parmigiana**  
over linguini 13.99

**Breaded  
Eggplant Parmigiana**  
over linguini 11.99

**Chicken Scampi**  
over linguini 14.99

**Manicotti** 11.99

**Shrimp Scampi**  
over linguini 15.99

**Chicken Alfredo**  
with mushrooms  
over linguini 15.99

**Linguini**  
with tomato sauce 9.99  
with meatballs 11.99

**Meat Lasagna** 11.99



Must be  
55 or  
older

## Senior Citizen

No Other  
Discount  
Available

Served with *salad* or *cup of soup*, one side, bread & butter

**Homemade  
Baked Meatloaf**  
with gravy 9.99

**Baby Beef Liver**  
with onions & gravy 9.99

**Boneless  
Pork Chop** 9.99

**Veal Cutlet**  
with gravy or  
tomato sauce 9.99

**Grilled BBQ  
Chicken Breast** 9.99

**Chicken  
Croquettes**  
with gravy 9.99

**Stuffed Crab  
Flounder** 11.99

**Baked  
Virginia Ham**  
with fruit sauce 10.49

**PARKLAND'S**

**Famous Crabcake**

A Family recipe since 1983 | 10.99



**Center-cut  
Pork Chop** 10.49

12 years  
and  
under

## KIDS MENU

Includes small soda or milk and scoop of ice cream or jello

**Chicken  
Fingers**  
with fries 7.99

**Grilled  
Cheese**  
with fries 7.99

**Baked  
Meatloaf**  
with mashed  
potatoes & gravy 7.99

**Spaghetti**  
with tomato sauce  
& meatballs 7.99

**\*Hamburger**  
with fries 7.99

**Hot Dog**  
with fries 7.99

## Side Orders

**Caesar Salad** 4.99  
with any entrée 2.00

**Garden Salad** 3.99  
with any entrée 1.00

**French Fries or  
Homefries** 2.99

**Spinach Pie** 2.99

**Mashed Potato**  
with gravy 2.99

**Bread & Potato Filing**  
with gravy 2.99

**Rice Pilaf** 2.99

**Vegetable of the Day** 2.99

**Coleslaw** 2.99

**Pickled Beets** 2.99

**Applesauce** 2.99

**Pita Bread** 2.99

**Cottage Cheese** 2.99  
with apple butter 1.00 extra

# Breakfast all Day

## Egg Platters

### Two Eggs

served with homefries,  
buttered toast, and jelly 5.99

### One Egg

served with homefries,  
buttered toast, and jelly 4.99

### Egg Beaters

served with homefries,  
buttered toast, and jelly 6.99

Add any meat: ham, bacon, sausage, scrapple, pork roll & Canadian bacon for 3.39  
Corned beef hash 3.99 | Add cheese (2 slices) 1.00 | Sub fruit for homefries 1.99

## 3 \*Egg Omelettes

Served with home fries, buttered toast & jelly

Egg beaters or egg whites 1.50 extra | Add cheese (2 slices) 1.00

### Cheese 5.99

### Bacon or Ham or Sausage 7.99

### Western 7.49

### Smoked Sausage 7.99

### Cheesesteak

thinly sliced chip steak, fried  
onions, American cheese  
and marinara sauce 8.49

### Greek

crumbled feta cheese, spinach,  
diced onions & tomatoes 8.49

### Meat Lover's

ham, bacon &  
smoked sausage 8.49

### Gyro

chopped gyro meat, tomatoes,  
onions, side of tzatziki sauce 8.49

### Turkey Club

thinly sliced turkey breast,  
bacon & tomatoes 8.49

### Godfather

sausage, peppers, onions,  
provolone & marinara sauce 8.49

### Florentine

spinach, swiss and  
provolone cheeses 8.49

## From The Griddle

Served with butter & syrup | Add fresh Strawberries or Blueberries 1.99 | Banana 1.50

### Buttermilk

**Pancakes** (3) 6.29  
**Short Stack** (2) 5.79

**French Toast** (3) 6.29  
**Short Stack** (2) 5.79

### Blueberry or Chocolate Chip

**Buttermilk Pancakes** 6.99  
**Short Stack** (2) 5.99

### Stuffed French Toast

3 French toast with sweetened  
cream cheese, strawberries,  
blueberries, powdered sugar &  
whipped cream 7.99  
**Short Stack** 7.29

### Banana Nut

**Buttermilk Pancakes**  
3 buttermilk pancakes filled with  
walnuts and bananas 7.99  
**Short Stack** 6.99

### Cinnamon Raisin Bread

**French Toast** 7.99  
**Short Stack** 6.99

### Buttermilk

**Pancake Rolls (2)**  
stuffed with sweetened  
cream cheese, strawberries,  
blueberries, powdered  
sugar & whipped cream 8.49

## Desserts

Ask about our **sugar free** and specialty desserts. | **A La Mode 1.99 extra**

### Homemade Pudding

with whipped cream  
small 3.49 | large 4.49

### Jello

with whipped cream  
small 3.49 | large 4.49

### Assorted Pies 4.99

### Assorted Cakes 5.99

### Cheesecake 5.99

### Ice Cream

small 3.49 | large 4.49

### Ice Cream Sundae 6.99

### Banana Split Sundae

French vanilla ice cream, with  
chocolate syrup, whipped cream,  
strawberries, crushed peanuts,  
& maraschino cherry 7.49

