

# Appetizers & Soups

## Smothered Pierogies

with caramelized onions, sour cream & scallions 8.49

**Plain Pierogies** 6.99

## Buffalo Tenders

with bleu cheese dressing 10.99

## Mozzarella Sticks

with marinara sauce 7.99

## Loaded Baked Potato

stuffed with bbq pulled pork & cheddar cheese 7.99

## Wings

Mild - Hot - BBQ - Honey Mustard, served with celery sticks and bleu cheese dressing 9.99

## Steak Cut Onion Rings

with Ranch dressing 6.99

## Parkland's Fries

American cheese & gravy 4.99

## Parkland's

## Loaded Fries

Cheddar cheese, bacon, and BBQ sauce 6.99

## Broiled Stuffed Shrimp

Filled with our crab cake filling 13.99

## PARKLAND'S Appetizer Sampler

(2) chicken fingers, (2) mozzarella sticks, (2) pierogies, and (3) onion rings, and marinara sauce 13.99

**:: NO SUBSTITUTIONS PLEASE ::**

## Homemade Soups

Always hot and hearty. Ask your server for today's selection. Cup 3.99 | Bowl 5.49



## Crock of French Onion Soup 5.99

## Quesadillas

Scallions, tomatoes, cilantro, Monterey Jack & cheddar cheeses, served with salsa & sour cream

**CHICKEN** 13.99 | **STEAK** 13.99

## VEGGIE

Onions, peppers, mushrooms & broccoli 10.99



## Personal Pizza

add meat 1.99 | add vegetable 1.00

**CHEESE** 8.99

**MEAT TRIO** 13.99

Cheese, bacon, pepperoni, sausage

served with cup of soup



## Fresh Salads

### Dressing Choices:

Greek Vinaigrette | Creamy Italian | French | Russian | Ranch | Bleu Cheese | Lite Italian Vinaigrette | Balsamic

## Chef's Salad

Thinly sliced roast beef, ham, turkey, and American cheese rolled on a bed of greens with sliced onion, green pepper, tomato and hardboiled egg 14.99

## Cobb Salad

Grilled or crispy chicken, bacon, hard boiled egg, greens, tomatoes, onions, and green peppers 15.99

## Tuna or Chicken Salad Platter

Served on a bed of lettuce with tomatoes, hard boiled egg, green pepper, onion and chef's garnish side of coleslaw, cottage cheese, pickled beets and pasta 14.99

## Caesar Salad

Romaine lettuce tossed in our homemade Caesar dressing with parmesan cheese and seasoned croutons 9.49

**add chicken** 5.29

**add shrimp or salmon** 6.29

## Chicken Salad

Grilled or crispy chicken atop greens, tomatoes, onions and green peppers 14.99

## PARKLAND'S Greek Salad

A mixture of greens, tomatoes, onions, cucumbers, green peppers, anchovies, feta cheese, black olive and stuffed grape leaves, served with Greek vinaigrette, and specialty herbs 13.99

**add chicken or gyro** 5.29

## Taco Salad

Tomatoes, lettuce, salsa and sour cream, jalapeños, olives, shredded cheese, pico de gallo, black bean. Choice of **taco meat** or **chicken** served in a tortilla bowl 15.99



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# Hot & Cold Sandwiches

## Specialty Sandwiches Deluxe

Served with cup of *soup* OR *fries*, cole slaw and pickle

### Classic Gyro or Chicken Gyro

Served on pita bread with lettuce, tomato, onions, and tzatziki sauce 14.99

### Turkey Rachel

Served on rye bread, with cole slaw, 1000 island dressing, and Swiss cheese 14.99

### Tuna OR Chicken Salad Sandwich

on pita with lettuce and tomato 14.99

### Corned Beef Reuben 14.49

### Roast Beef Melt

on Kaiser roll with Swiss cheese and onion 14.49

### Fried Chicken Patty

on Kaiser roll with lettuce and tomato 14.49

### Tuna OR Chicken Salad Hoagie

with lettuce, tomato, onion, mayo 14.49

### Fried Haddock Sandwich

with lettuce 14.49

### Turkey Provolone Hoagie

with mayo, lettuce, onion, tomato 14.49

### Monte Cristo Sandwich 14.49

### Cold Meatloaf Sandwich

with mayo and lettuce 11.49

### BBQ Pulled Pork

on Kaiser roll 14.49

### Pulled Pork Reuben 14.49



## Club Sandwiches

Served with cup of *soup*, choice of white, wheat or rye with lettuce, tomatoes, bacon, mayo, cole slaw & pickle. **Your Choice** 12.99

**Roast Beef | Turkey | Ham | Tuna  
Cheeseburger**



## Hot Open Sandwiches

Served with gravy & two sides **Your Choice** 14.99

**Roast Beef | Roast Turkey  
Baked Virginia Ham  
Homemade Baked Meatloaf**



## Classic Sandwiches

Served with cole slaw and pickle | *add* tomato slice .50 | *add* cheese (2 slices) 1.00

### Steak or Chicken Sandwich 9.99

### California

### Steak or Chicken Steak Sandwich 9.99

### Cold Roast Beef

with mayo and lettuce 6.99

### Cold Baked Ham

with mayo and lettuce 6.99

### Cold Roast Turkey

with mayo and lettuce 6.99

### Tuna OR Chicken Salad

with lettuce 7.99

### Grilled Cheese 5.99

*add* bacon or ham 6.99

### Meatball

### Parmigiana Hero 8.49

### PARKLAND'S

### Fried Crab Cake

with lettuce on Kaiser roll and tartar sauce 9.49

### Buffalo Chicken Sandwich

on Kaiser roll with bleu cheese dressing and buffalo sauce 10.49

### Pork Roll Sandwich

on Kaiser roll 6.99

### Veal Parmigiana Hero 9.99

### Grilled Chicken Sandwich

on Kaiser roll with lettuce, tomato and mayo on side 9.99

### Bacon, Lettuce, Tomato

with mayo 5.99

### Tuna Melt Sandwich

tuna, American cheese and tomato on grilled rye 9.99

### Chicken Salad Melt

chicken salad, American cheese and tomato on grilled rye 9.99

### Hot Dog 3.99

# Burgers & Wraps

## \*Burgers

¼ lb. USDA choice beef. All served with cole slaw and pickle

<b>Hamburger</b> 6.99	<b>Patty Melt Burger</b> 8.49	<b>California Burger</b> lettuce, tomato, mayo, green pepper, and raw onion 8.99
<b>Cheeseburger</b> 7.99	<b>Mushroom Swiss Burger</b> 8.49	
<b>Bacon Cheeseburger</b> 10.49	♥ <b>Low Carb Burger</b> 8.49 cottage cheese, lettuce & tomato	<b>Pizza Burger</b> 8.99

## DELUXE \*BURGERS

all deluxe burgers served with cup of soup or fries

<b>PARKLAND'S Special Burger</b> Deluxe hamburger with lettuce, tomato, onion, green pepper, mayo 11.99	<b>Tex Mex Burger</b> Two ¼ lb hamburger patties, fried onions, bacon, Monterey Jack and cheddar cheeses, BBQ sauce 13.99	<b>Greek Burger</b> feta cheese, lettuce, tomato, side of homemade tzatziki sauce 11.99	<b>Steak Burger</b> on steak roll fried onions, mushrooms, BBQ sauce, cheddar cheese 12.99	<b>Grilled Chicken Burger</b> fried onions, bacon, BBQ sauce, Swiss cheese, pickle and cole slaw 12.99
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## Wraps

<b>B L T Chicken Wrap</b> Diced chicken, bacon, lettuce, tomatoes, Mon- terey Jack & cheddar cheeses and ranch dressing, served with cole slaw & pickle 11.49	<b>Tuna or Chicken Salad Wrap</b> Lettuce, tomatoes, Monterey Jack and cheddar cheeses, served with cole slaw & pickle 11.49	<b>Turkey Club Wrap</b> Thinly sliced turkey breast, lettuce, tomato, bacon, and mayo, served with cole slaw & pickle 11.99	<b>Veggie Wrap</b> tomatoes, onions, peppers, mushrooms, broccoli & Monterey Jack and cheddar cheeses, served with cole slaw & pickle 10.49
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## DELUXE WRAPS - Your Choice: 14.99

All deluxe wraps served with cup of soup or fries

<b>Mexican</b> Grilled chicken, rice, cheddar, black beans & salsa	<b>Gyro</b> Lettuce, tomato, onion & homemade tzatziki sauce	<b>Chicken Caesar</b> Grilled chicken, Romaine lettuce & caesar dressing	<b>Cheesesteak</b> with marinara sauce and sautéed onions	<b>Mediterranean</b> Grilled chicken, onion, pepper, feta cheese, tomato & house dressing
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# Dinner Entrées

## Homemade Favorites

Served with *salad* or *cup of soup*, two sides, bread & butter

**Turkey Dinner**  
roast young tom turkey with filling, gravy and cranberry sauce 17.99

**Homemade Baked Meatloaf**  
with gravy 15.99

**Honey Dipped Fried Chicken**  
17.99

**Homemade Shepherd's Pie**  
13.99

**Chicken Croquettes**  
on a bed of mashed potatoes covered with gravy 15.99

**Texas Meatloaf**  
with bacon, BBQ, topped with cheddar cheese 17.99

**Grilled Chicken Breast**  
marinated chicken over rice 17.99

**½ Roasted Chicken**  
over homemade filling 16.99



## Baskets \$15.99

Served with fries and cole slaw

**Chicken Finger Basket**  
with honey mustard sauce

**Shrimp Basket**  
with tartar sauce

**Fish & Chips**  
with tartar sauce



## Fajitas

Served with salsa, sour cream, guacamole, lettuce, Jack and cheddar cheeses, rice, flour tortillas, roasted onions, and peppers.

**Steak Fajita** 19.49

**Chicken Fajita** 18.49

**Shrimp Fajita** 20.99



# BEVERAGES

**Coffee** 2.69  
regular or decaf

**Hot Tea** 2.69  
regular or decaf

**Herbal Tea** 2.79  
**Iced Coffee**  
3.69

**Soda**  
2.99

**Milk**  
small 2.79 | large 3.19

**Chocolate Milk**  
small 2.99 | large 3.39

**Hot Chocolate**  
with whipped cream 2.99

**Fruit Juices**  
small 2.69 | large 3.09

# Dinner Entrées

## \*Seafood

Served with *salad* or *cup of soup*, two sides, bread & butter | Add browned butter 1.00

**Broiled Filet of Flounder**  
in butter 19.99

**Broiled Filet of Haddock**  
in butter 19.99

**Fried Filet of Haddock** 19.99

**Broiled Crab Stuffed Haddock**  
in butter 20.99

**Broiled Crab Stuffed Flounder**  
in lemon 20.99

**Fried Butterflied Shrimp** 18.49

**Broiled Stuffed Shrimp**  
in butter 20.49

**Broiled Salmon**  
in butter 20.49

**Broiled Deep Sea Scallops**  
in butter 21.99

**PARKLAND'S Crab Cakes**  
*broiled or fried.* 21.99



**BROILED SEAFOOD COMBINATION**  
crab cake, stuffed shrimp, scallops, and haddock with lemon butter 23.99

### FRIED SEAFOOD COMBINATION

haddock, shrimp, scallops, and crab cake served with cocktail & tarter sauce. 23.99



## \*Steak & Chops

Served with *salad* or *cup of soup*, two sides, bread & butter

**Ribeye Steak**  
with steak cut onion rings 22.99

**N.Y. Strip Steak**  
with steak cut onion rings 21.99

**Country Fried Steak**  
with sausage gravy 16.99

**London Broil**  
with mushrooms and gravy 20.99

**Fresh Baked Virginia Ham**  
with fruit sauce 16.99

**Boneless Pork Chops** 19.49

**Center Cut Pork Chops** 19.49

**Half BBQ Ribs** 15.99

**Grilled Baby Beef Liver**  
with onions and gravy 14.99  
add *bacon* 1.99

**Handcrafted Chopped Sirloin**  
with onions and gravy 16.99

### COOKING TEMPERATURES FOR STEAKS AND BURGERS

**RARE**-cold, red center, **MEDIUM RARE**-cool, red center, **MEDIUM**-warm, pink center, **MEDIUM WELL**-hot, slightly pink center, **WELL**-hot, brown center



### PARKLAND'S Stir Fry

Served with *salad* or *cup of soup*, bread & butter. | Stir fry served over a bed of rice.

**Vegetable** 15.99

**Chicken** 19.49

**Shrimp** 20.99

**Beef** 19.49

# Dinner Entrées

## Italian Specialties

Served with *salad* or *cup of soup*, bread & butter

**Breaded Veal  
Cutlet Parmigiana**  
over linguini 18.49

**Breaded  
Chicken Parmigiana**  
over linguini 18.49

**Shrimp Scampi**  
over linguini 21.99

**Breaded Veal Cutlet**  
with homemade gravy or  
homemade marinara sauce  
(served with two sides) 16.99

**Breaded  
Eggplant Parmigiana**  
over linguini 15.99

**Chicken Alfredo**  
with mushrooms  
over linguini 19.99

**Manicotti** 15.99

**Chicken Scampi**  
over linguini 19.49

**Linguini**  
with tomato sauce 11.99  
with meatballs 14.99

**Meat Lasagna** 15.99



Must be  
55 or  
older

## Senior Citizen

No Other  
Discount  
Available

Served with *salad* or *cup of soup*, one side, bread & butter

**Homemade  
Baked Meatloaf**  
with gravy 13.99

**Boneless  
Pork Chop** 13.99

**Grilled BBQ  
Chicken Breast** 13.99

**Stuffed Crab  
Flounder** 15.99

**Baby Beef Liver**  
with onions & gravy 13.99

**Veal Cutlet**  
with gravy or  
tomato sauce 13.99

**Chicken  
Croquettes**  
with gravy 13.49

**Baked  
Virginia Ham**  
with fruit sauce 13.99

### PARKLAND'S

#### Famous Crab Cake

A Family recipe since 1983 | 14.49



**Center-cut  
Pork Chop** 13.99

12 years  
and  
under

## KIDS MENU

Includes small soda or milk and scoop of ice cream or jello. Your Choice 11.99

**Chicken  
Fingers**  
with fries

**Grilled  
Cheese**  
with fries

**Baked  
Meatloaf**  
with mashed  
potatoes & gravy

**Spaghetti**  
with tomato sauce,  
& meatballs

**\*Hamburger**  
with fries  
**Hot Dog**  
with fries

## Side Orders

**Caesar Salad** 5.99  
with any entrée 3.00

**Mashed Potato**  
with gravy 2.99

**Coleslaw** 2.99

**Garden Salad** 4.99  
with any entrée 1.00

**Bread & Potato Filing**  
with gravy 2.99

**Pickled Beets** 2.99

**French Fries or  
Homefries** 2.99

**Rice Pilaf** 2.99

**Applesauce** 2.99

**Spinach Pie** 2.99

**Vegetable of the Day** 2.99

**Pita Bread** 2.99

**Cottage Cheese** 2.99  
with apple butter 1.00 extra

# Breakfast all Day

## Egg Platters

### Two Eggs

served with homefries, buttered toast, and jelly 6.79

### One Egg

served with homefries, buttered toast, and jelly 4.99

### Egg Beaters

served with homefries, buttered toast, and jelly 8.39

Add any meat: ham, bacon, sausage, scrapple, pork roll & Canadian bacon for 4.39  
Corned beef hash 4.89 | Add cheese (2 slices) 1.00 | Sub fruit for homefries 2.99

## 3 \*Egg Omelettes

Served with home fries, buttered toast & jelly  
Egg beaters or egg whites 1.99 extra | Add cheese (2 slices) 1.00

### Cheese 8.49

### Bacon or Ham or Sausage 9.49

### Western 9.49

### Smoked Sausage 9.49

### Cheesesteak

thinly sliced chip steak, fried onions, American cheese and marinara sauce 10.99

### Greek

crumbled feta cheese, spinach, diced onions & tomatoes 10.99

### Meat Lover's

ham, bacon & smoked sausage 10.99

### Gyro

chopped gyro meat, tomatoes, onions, side of tzatziki sauce 10.99

### Turkey Club

thinly sliced turkey breast, bacon & tomatoes 10.99

### Godfather

sausage, peppers, onions, provolone & marinara sauce 10.99

### Florentine

spinach, swiss and provolone cheeses 10.99

## From The Griddle

Served with butter & syrup | Add fresh Strawberries or Blueberries 2.99 | Banana 1.75

### Buttermilk

**Pancakes** (3) 7.99  
**Short Stack** (2) 6.99

**French Toast** (3) 7.99  
**Short Stack** (2) 6.99

### Blueberry or Chocolate Chip

**Buttermilk Pancakes** 8.79  
**Short Stack** (2) 7.99

### Stuffed French Toast

3 French toast with sweetened cream cheese, strawberries, blueberries, powdered sugar & whipped cream 10.99  
**Short Stack** 9.99

### Banana Nut

**Buttermilk Pancakes**  
3 buttermilk pancakes filled with walnuts and bananas 10.99  
**Short Stack** 9.99

### Cinnamon Raisin Bread

**French Toast** 9.49  
**Short Stack** 8.49

### Buttermilk

**Pancake Rolls (2)**  
stuffed with sweetened cream cheese, strawberries, blueberries, powdered sugar & whipped cream 10.89

## Desserts

### Homemade Pudding

with whipped cream  
small 3.99 | large 4.99

### Jell-O

with whipped cream  
small 3.99 | large 4.99

### Assorted Pies 5.49

### Assorted Cakes 6.49

### Cheesecake 7.49

### Ice Cream

small 4.49 | large 5.49

### Ice Cream Sundae 8.89

### Banana Split Sundae

French vanilla ice cream, with chocolate syrup, whipped cream, strawberries, crushed peanuts, & maraschino cherry 10.99



**ALA MODE**  
**1.99 EXTRA**



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