



PARKLAND

restaurant

An Authentic Family Tradition



Our intention is to continue serving good tasting dishes daily and homemade soups. Along with that of course, we intend to serve breakfast all day, other popular favorites and desserts. We believe that the warm, easy-going atmosphere is every bit as important to our customers as what's on the menu.

We are pleased to serve you and appreciate your patronage!

:: a gratuity of 18% will be charged for parties over 8 ::

Appetizers & Soups

Smothered Pierogies

with caramelized onions, sour cream & scallions 7.99

Plain Pierogies 6.99

Buffalo Tenders

with bleu cheese dressing 9.99

Mozzarella Sticks

with marinara sauce 7.99

Loaded Baked Potato

stuffed with bbq pulled pork & cheddar cheese 7.99

Wings

Mild - Hot - BBQ - Honey Mustard, served with celery sticks and bleu cheese dressing 9.99

Steak Cut Onion Rings

with Ranch dressing 6.99

Parkland's Fries

American cheese & gravy 4.99

Parkland's

Loaded Fries

Cheddar cheese, bacon, and BBQ sauce 6.50

Broiled Stuffed Shrimp

Filled with our crab cake filling 12.99

PARKLAND'S Appetizer Sampler

(2) chicken fingers, (2) mozzarella sticks, (2) pierogies, and (3) onion rings, and marinara sauce 12.99

:: NO SUBSTITUTIONS PLEASE ::

Homemade Soups

Always hot and hearty. Ask your server for today's selection. Cup 3.99 | Bowl 4.99



Crock of French Onion Soup 5.99

Quesadillas

Scallions, tomatoes, cilantro, Monterey Jack & cheddar cheeses, served with salsa & sour cream

CHICKEN 12.99 | **STEAK** 12.99

VEGGIE

Onions, peppers, mushrooms & broccoli 10.99



Personal Pizza

add meat 1.99 | add vegetable 1.00

CHEESE 8.49

MEAT TRIO 12.99

Cheese, bacon, pepperoni, sausage

served with cup of soup



Fresh Salads

Dressing Choices:

Greek Vinaigrette | Creamy Italian | French | Russian | Ranch | Bleu Cheese | Lite Italian Vinaigrette | Balsamic

Chef's Salad

Thinly sliced roast beef, ham, turkey, and American cheese rolled on a bed of greens with sliced onion, green pepper, tomato and hardboiled egg 13.99

Cobb Salad

Grilled or crispy chicken, bacon, hard boiled egg, greens, tomatoes, onions, and green peppers 14.99

Tuna or Chicken Salad Platter

Served on a bed of lettuce with tomatoes, hard boiled egg, green pepper, onion and chef's garnish side of coleslaw, cottage cheese, pickled beets and pasta 13.99

Caesar Salad

Romaine lettuce tossed in our homemade Caesar dressing with parmesan cheese and seasoned croutons 8.99

add chicken 4.99

add shrimp or salmon 5.99

Chicken Salad

Grilled or crispy chicken atop greens, tomatoes, onions and green peppers 13.99

PARKLAND'S Greek Salad

A mixture of greens, tomatoes, onions, cucumbers, green peppers, anchovies, feta cheese, black olive and stuffed grape leaves, served with Greek vinaigrette, and specialty herbs 12.99

add chicken or gyro 4.99

Taco Salad

Tomatoes, lettuce, salsa and sour cream, jalapeños, olives, shredded cheese, pico de gallo, black bean. Choice of **taco meat** or **chicken** served in a tortilla bowl 14.99



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Hot & Cold Sandwiches

Specialty Sandwiches Deluxe

Served with cup of *soup* OR *fries*, cole slaw and pickle

Classic Gyro or Chicken Gyro

Served on pita bread with lettuce, tomato, onions, and tzatziki sauce 13.49

Turkey Rachel

Served on rye bread, with cole slaw, 1000 island dressing, and Swiss cheese 13.49

Tuna OR Chicken Salad Sandwich

on pita with lettuce and tomato 13.49

Corned Beef Reuben 13.49

Roast Beef Melt

on Kaiser roll with Swiss cheese and onion 13.49

Fried Chicken Patty

on Kaiser roll with lettuce and tomato 13.49

Tuna OR Chicken Salad Hoagie

with lettuce, tomato, onion, mayo 13.49

Fried Haddock Sandwich

with lettuce 13.49

Turkey Provolone Hoagie

with mayo, lettuce, onion, tomato 13.49

Monte Cristo Sandwich 13.49

Cold Meatloaf Sandwich

with mayo and lettuce 10.49

BBQ Pulled Pork

on Kaiser roll 13.49

Pulled Pork Reuben 13.49



Club Sandwiches

Served with cup of *soup*, choice of white, wheat or rye with lettuce, tomatoes, bacon, mayo, cole slaw & pickle. **Your Choice** 11.99

**Roast Beef | Turkey | Ham | Tuna
Cheeseburger**



Hot Open Sandwiches

Served with gravy & two sides **Your Choice** 13.99

**Roast Beef | Roast Turkey
Baked Virginia Ham
Homemade Baked Meatloaf**



Classic Sandwiches

Served with cole slaw and pickle | *add* tomato slice .40 | *add* cheese (2 slices) 1.00

Steak or Chicken Sandwich 8.99

California Steak or Chicken Steak Sandwich 9.49

Cold Roast Beef with mayo and lettuce 6.99

Cold Baked Ham with mayo and lettuce 6.99

Cold Roast Turkey with mayo and lettuce 6.99

Tuna OR Chicken Salad with lettuce 7.49

Grilled Cheese 5.99 *add* bacon or ham 6.99

Meatball Parmigiana Hero 7.99

PARKLAND'S Fried Crab Cake with lettuce on Kaiser roll and tartar sauce 8.99

Buffalo Chicken Sandwich on Kaiser roll with bleu cheese dressing and buffalo sauce 9.59

Pork Roll Sandwich on Kaiser roll 6.49

Veal Parmigiana Hero 9.25

Grilled Chicken Sandwich on Kaiser roll with lettuce, tomato and mayo on side 9.25

Bacon, Lettuce, Tomato with mayo 5.99

Tuna Melt Sandwich tuna, American cheese and tomato on grilled rye 9.25

Chicken Salad Melt chicken salad, American cheese and tomato on grilled rye 9.25

Hot Dog 3.50

Burgers & Wraps

*Burgers

¼ lb. USDA choice beef. All served with cole slaw and pickle

Hamburger 5.99

Patty Melt Burger 7.49

California Burger

lettuce, tomato, mayo, green pepper, and raw onion 7.99

Cheeseburger 6.99

Mushroom Swiss Burger 7.49

Bacon

♥ **Low Carb Burger** 7.49

cottage cheese, lettuce & tomato

Cheeseburger 8.99

Pizza Burger 7.99

DELUXE *BURGERS

all deluxe burgers served with cup of soup or fries

PARKLAND'S Special Burger Deluxe hamburger with lettuce, tomato, onion, green pepper, mayo 10.99	Tex Mex Burger Two ¼ lb hamburger patties, fried onions, bacon, Monterey Jack and cheddar cheeses, BBQ sauce 12.99	Greek Burger feta cheese, lettuce, tomato, side of homemade tzatziki sauce 10.99	Steak Burger on steak roll fried onions, mushrooms, BBQ sauce, cheddar cheese 11.99	Grilled Chicken Burger fried onions, bacon, BBQ sauce, Swiss cheese, pickle and cole slaw 11.99
				

Wraps

B L T Chicken Wrap

Diced chicken, bacon, lettuce, tomatoes, Monterey Jack & cheddar cheeses and ranch dressing, served with cole slaw & pickle 10.49

Tuna or Chicken Salad Wrap

Lettuce, tomatoes, Monterey Jack and cheddar cheeses, served with cole slaw & pickle 10.49

Turkey Club Wrap

Thinly sliced turkey breast, lettuce, tomato, bacon, and mayo, served with cole slaw & pickle 10.49

Veggie Wrap

tomatoes, onions, peppers, mushrooms, broccoli & Monterey Jack and cheddar cheeses, served with cole slaw & pickle 9.49

DELUXE WRAPS - Your Choice: 13.99

All deluxe wraps served with cup of soup or fries

Mexican	Gyro	Chicken Caesar	Cheesesteak	Mediterranean
Grilled chicken, rice, cheddar, black beans & salsa	Lettuce, tomato, onion & homemade tzatziki sauce	Grilled chicken, Romaine lettuce & caesar dressing	with marinara sauce and sautéed onions	Grilled chicken, onion, pepper, feta cheese, tomato & house dressing



Dinner Entrées

Homemade Favorites

Served with *salad* or *cup of soup*, two sides, bread & butter

Turkey Dinner
roast young tom turkey with filling, gravy and cranberry sauce 16.99

Homemade Baked Meatloaf
with gravy 14.99

Honey Dipped Fried Chicken
16.99

Homemade Shepherd's Pie
12.99

Chicken Croquettes
on a bed of mashed potatoes covered with gravy 14.99

Texas Meatloaf
with bacon, BBQ, topped with cheddar cheese 16.99

Grilled Chicken Breast
marinated chicken over rice 16.99

½ Roasted Chicken
over homemade filling 15.99



Baskets \$14.99

Served with fries and cole slaw

Chicken Finger Basket
with honey mustard sauce

Shrimp Basket
with tartar sauce

Fish & Chips
with tartar sauce



Fajitas

Served with salsa, sour cream, guacamole, lettuce, Jack and cheddar cheeses, rice, flour tortillas, roasted onions, and peppers.

Steak Fajita 17.99

Chicken Fajita 16.99

Shrimp Fajita 18.99



BEVERAGES

Coffee 2.49
regular or decaf

Herbal Tea 2.59
Iced Coffee
3.49

Milk
small 2.25 | large 2.75

Hot Chocolate
with whipped cream 2.99

Hot Tea
regular or decaf 2.49

Soda
2.99

Chocolate Milk
small 2.50 | large 2.99

Fruit Juices
small 2.75 | large 3.25

Dinner Entrées

*Seafood

Served with *salad* or *cup of soup*, two sides, bread & butter | Add browned butter 1.00

Broiled Filet of Flounder
in butter 17.99

Broiled Filet of Haddock
in butter 17.99

Fried Filet of Haddock 17.99

Broiled Crab Stuffed Haddock
in butter 18.99

Broiled Crab Stuffed Flounder
in lemon 18.99

Fried Butterflied Shrimp 17.99

Broiled Stuffed Shrimp
in butter 18.99

Broiled Salmon
in butter 18.99

Broiled Deep Sea Scallops
in butter 19.99

PARKLAND'S Crab Cakes
broiled or fried. 19.99



BROILED SEAFOOD COMBINATION
crab cake, stuffed shrimp, scallops, and haddock with lemon butter 21.99

FRIED SEAFOOD COMBINATION

haddock, shrimp, scallops, and crab cake served with cocktail & tarter sauce. 21.99



*Steak & Chops

Served with *salad* or *cup of soup*, two sides, bread & butter

Ribeye Steak
with steak cut onion rings 20.99

N.Y. Strip Steak
with steak cut onion rings 19.99

Country Fried Steak
with sausage gravy 15.99

London Broil
with mushrooms and gravy 18.99

Fresh Baked Virginia Ham
with fruit sauce 15.99

Boneless Pork Chops 17.99

Center Cut Pork Chops 17.99

Half BBQ Ribs 14.99

Grilled Baby Beef Liver
with onions and gravy 13.99
add *bacon* 1.99

Handcrafted Chopped Sirloin
with onions and gravy 15.99

COOKING TEMPERATURES FOR STEAKS AND BURGERS

RARE-cold, red center, **MEDIUM RARE**-cool, red center, **MEDIUM**-warm, pink center, **MEDIUM WELL**-hot, slightly pink center, **WELL**-hot, brown center



PARKLAND'S Stir Fry

Served with *salad* or *cup of soup*, bread & butter. | Stir fry served over a bed of rice.

Vegetable 14.99

Chicken 17.99

Shrimp 18.99

Beef 17.99

Dinner Entrées

Italian Specialties

Served with *salad* or *cup of soup*, bread & butter

**Breaded Veal
Cutlet Parmigiana**
over linguini 16.99

Breaded Veal Cutlet
with homemade gravy or
homemade marinara sauce
(served with two sides) 15.99

Manicotti 14.99

**Breaded
Chicken Parmigiana**
over linguini 16.99

**Breaded
Eggplant Parmigiana**
over linguini 14.99

Chicken Scampi
over linguini 17.99

Meat Lasagna 14.99

Shrimp Scampi
over linguini 19.99

Chicken Alfredo
with mushrooms
over linguini 19.99

Linguini
with tomato sauce 11.99
with meatballs 13.99



Must be
55 or
older

Senior Citizen

No Other
Discount
Available

Served with *salad* or *cup of soup*, one side, bread & butter

**Homemade
Baked Meatloaf**
with gravy 12.99

Baby Beef Liver
with onions & gravy 12.99

**Boneless
Pork Chop** 12.99

Veal Cutlet
with gravy or
tomato sauce 12.99

**Grilled BBQ
Chicken Breast** 12.49

**Chicken
Croquettes**
with gravy 12.49

**Stuffed Crab
Flounder** 14.99

**Baked
Virginia Ham**
with fruit sauce 12.99

PARKLAND'S

Famous Crab Cake

A Family recipe since 1983 | 13.99



**Center-cut
Pork Chop** 12.99

12 years
and
under

KIDS MENU

Includes small soda or milk and scoop of ice cream or jello. Your Choice 10.49

**Chicken
Fingers**
with fries

**Grilled
Cheese**
with fries

**Baked
Meatloaf**
with mashed
potatoes & gravy

Spaghetti
with tomato sauce,
& meatballs

***Hamburger**
with fries
Hot Dog
with fries

Side Orders

Caesar Salad 5.99
with any entrée 3.00

Garden Salad 4.99
with any entrée 1.00

**French Fries or
Homefries** 2.99

Spinach Pie 2.99

Mashed Potato
with gravy 2.99

Bread & Potato Filing
with gravy 2.99

Rice Pilaf 2.99

Vegetable of the Day 2.99

Coleslaw 2.99

Pickled Beets 2.99

Applesauce 2.99

Pita Bread 2.99

Cottage Cheese 2.99
with apple butter 1.00 extra

Breakfast all Day

Egg Platters

Two Eggs

served with homefries, buttered toast, and jelly 6.49

One Egg

served with homefries, buttered toast, and jelly 4.99

Egg Beaters

served with homefries, buttered toast, and jelly 7.99

Add any meat: ham, bacon, sausage, scrapple, pork roll & Canadian bacon for 3.99
Corned beef hash 4.79 | Add cheese (2 slices) 1.00 | Sub fruit for homefries 2.99

3 *Egg Omelettes

Served with home fries, buttered toast & jelly
Egg beaters or egg whites 1.99 extra | Add cheese (2 slices) 1.00

Cheese 7.99

Bacon or Ham or Sausage 8.99

Western 8.99

Smoked Sausage 8.99

Cheesesteak

thinly sliced chip steak, fried onions, American cheese and marinara sauce 9.99

Greek

crumbled feta cheese, spinach, diced onions & tomatoes 9.99

Meat Lover's

ham, bacon & smoked sausage 9.99

Gyro

chopped gyro meat, tomatoes, onions, side of tzatziki sauce 9.99

Turkey Club

thinly sliced turkey breast, bacon & tomatoes 9.99

Godfather

sausage, peppers, onions, provolone & marinara sauce 9.99

Florentine

spinach, swiss and provolone cheeses 9.99

From The Griddle

Served with butter & syrup | Add fresh Strawberries or Blueberries 2.99 | Banana 1.75

Buttermilk

Pancakes (3) 7.49
Short Stack (2) 6.49

French Toast (3) 7.49
Short Stack (2) 6.49

Blueberry or Chocolate Chip

Buttermilk Pancakes 7.99
Short Stack (2) 6.99

Stuffed French Toast

3 French toast with sweetened cream cheese, strawberries, blueberries, powdered sugar & whipped cream 9.99
Short Stack 8.99

Banana Nut

Buttermilk Pancakes
3 buttermilk pancakes filled with walnuts and bananas 9.99
Short Stack 8.99

Cinnamon Raisin Bread

French Toast 8.99
Short Stack 7.99

Buttermilk

Pancake Rolls (2)
stuffed with sweetened cream cheese, strawberries, blueberries, powdered sugar & whipped cream 9.99

Desserts

Homemade Pudding

with whipped cream
small 3.99 | large 4.99

Jell-O

with whipped cream
small 3.99 | large 4.99

Assorted Pies 4.99

Assorted Cakes 5.99

Cheesecake 6.99

Ice Cream

small 3.99 | large 4.99

Ice Cream Sundae 7.99

Banana Split Sundae

French vanilla ice cream, with chocolate syrup, whipped cream, strawberries, crushed peanuts, & maraschino cherry 9.99



ALA MODE
1.99 EXTRA

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Not responsible for typographical errors

Prices subject to change

*NOTICE Consuming raw or undercooked meat, poultry, seafood shellfish or eggs may increase your risk of food - borne illness

:: a gratuity of 18% will be charged for parties over 8 ::