

Appetizers & Soups

Smothered Pierogies

with caramelized onions, sour cream & scallions 7.49

Plain Pierogies 6.49

Buffalo Tenders

with bleu cheese dressing 8.99

Mozzarella Sticks

with marinara sauce 7.99

Loaded Baked Potato

stuffed with bbq pulled pork & cheddar cheese 7.50

Wings

Mild - Hot - BBQ - Honey Mustard, served with celery sticks and bleu cheese dressing 8.99

Steak Cut Onion Rings

with Ranch dressing 6.99

Parkland's Fries

American cheese & gravy 4.99

Parkland's

Loaded Fries

Cheddar cheese, bacon, and BBQ sauce 6.50

Broiled Stuffed Shrimp

Filled with our crab cake filling 12.99

PARKLAND'S Appetizer Sampler

(2) chicken fingers, (2) mozzarella sticks, (2) pierogies, and (3) onion rings, and marinara sauce 12.99

:: NO SUBSTITUTIONS PLEASE ::

Homemade Soups

Always hot and hearty. Ask your server for today's selection. Cup 3.50 | Bowl 4.60



Crock of French Onion Soup 5.99

Quesadillas

Scallions, tomatoes, cilantro, Monterey Jack & cheddar cheeses, served with salsa & sour cream

CHICKEN 11.99 | **STEAK** 11.99

VEGGIE

Onions, peppers, mushrooms & broccoli 10.99



Personal Pizza

add meat 1.99 | add vegetable 1.00

CHEESE 7.99

MEAT TRIO 11.99

Cheese, bacon, pepperoni, sausage

served with cup of soup



Fresh Salads

Dressing Choices:

Greek Vinaigrette | Creamy Italian | French | Russian | Ranch | Bleu Cheese | Lite Italian Vinaigrette | Balsamic

Chef's Salad

Thinly sliced roast beef, ham, turkey, and American cheese rolled on a bed of greens with sliced onion, green pepper, tomato and hardboiled egg 12.99

Cobb Salad

Grilled or crispy chicken, bacon, hard boiled egg, greens, tomatoes, onions, and green peppers 13.99

Tuna or Chicken Salad Platter

Served on a bed of lettuce with tomatoes, hard boiled egg, green pepper, onion and chef's garnish side of coleslaw, cottage cheese, pickled beets and pasta 12.99

Caesar Salad

Romaine lettuce tossed in our homemade Caesar dressing with parmesan cheese and seasoned croutons 8.99

add chicken 4.99

add shrimp or salmon 5.99

Chicken Salad

Grilled or crispy chicken atop greens, tomatoes, onions and green peppers 12.99

PARKLAND'S Greek Salad

A mixture of greens, tomatoes, onions, cucumbers, green peppers, anchovies, feta cheese, black olive and stuffed grape leaves, served with Greek vinaigrette, and specialty herbs 11.99
add chicken or gyro 4.99

Taco Salad

Tomatoes, lettuce, salsa and sour cream, jalapeños, olives, shredded cheese, pico de gallo, black bean. Choice of **taco meat** or **chicken** served in a tortilla bowl 13.99



Hot & Cold Sandwiches

Specialty Sandwiches Deluxe

Served with cup of *soup* OR *fries*, cole slaw and pickle

Classic Gyro or Chicken Gyro

Served on pita bread with lettuce, tomato, onions, and tzatziki sauce 12.99

Turkey Rachel

Served on rye bread, with cole slaw, 1000 island dressing, and Swiss cheese 12.99

Tuna OR Chicken Salad Sandwich

on pita with lettuce and tomato 12.99

Corned Beef Reuben 12.99

Roast Beef Melt
on Kaiser roll with Swiss cheese and onion 12.99

Fried Chicken Patty
on Kaiser roll with lettuce and tomato 12.99

Tuna OR Chicken Salad Hoagie

with lettuce, tomato, onion, mayo 12.99

Fried Haddock Sandwich
with lettuce 12.99

Turkey Provolone Hoagie
with mayo, lettuce, onion, tomato 12.99

Monte Cristo Sandwich 12.99

Cold Meatloaf Sandwich
with mayo and lettuce 9.99

BBQ Pulled Pork
on Kaiser roll 12.99

Pulled Pork Reuben 12.99



Club Sandwiches

Served on your choice of white, wheat or rye with lettuce, tomatoes, bacon, mayo, cole slaw & pickle

Your Choice 11.99

**Roast Beef | Turkey | Ham | Tuna
Cheeseburger**



Hot Open Sandwiches

Served with gravy & two sides **Your Choice** 12.99

**Roast Beef | Roast Turkey
Baked Virginia Ham
Homemade Baked Meatloaf**



Classic Sandwiches

Served with cole slaw and pickle | *add* tomato slice .50 | *add* cheese (2 slices) 1.00

**Steak or Chicken
Sandwich** 8.79

**California
Steak or Chicken Steak
Sandwich** 8.99

Cold Roast Beef
with mayo and lettuce 6.99

Cold Baked Ham
with mayo and lettuce 6.49

Cold Roast Turkey
with mayo and lettuce 6.49

Tuna OR Chicken Salad
with lettuce 6.99

Grilled Cheese 5.99
add bacon or ham 6.99

**Meatball
Parmigiana Hero** 7.69

**PARKLAND'S
Fried Crab Cake**
with lettuce on Kaiser roll
and tartar sauce 8.49

Buffalo Chicken Sandwich
on Kaiser roll with bleu cheese
dressing and buffalo sauce 8.99

Pork Roll Sandwich
on Kaiser roll 5.99

Veal Parmigiana Hero 8.69

Grilled Chicken Sandwich
on Kaiser roll with lettuce,
tomato and mayo on side 8.69

Bacon, Lettuce, Tomato
with mayo 5.99

Tuna Melt Sandwich
tuna, American cheese and
tomato on grilled rye 8.69

Chicken Salad Melt
chicken salad, American cheese
and tomato on grilled rye 8.69

Hot Dog
with sauerkraut 3.50

Burgers & Wraps

*Burgers

¼ lb. USDA choice beef. All served with cole slaw and pickle

- | | | |
|------------------------------------|---|---|
| Hamburger 5.49 | Patty Melt Burger 6.99 | California Burger
lettuce, tomato, mayo,
green pepper,
and raw onion 7.49 |
| Cheeseburger 6.99 | Mushroom Swiss Burger 6.99 | |
| Bacon
Cheeseburger 8.49 | ♥ Low Carb Burger 6.99
cottage cheese, lettuce & tomato | Pizza Burger 7.49 |

DELUXE *BURGERS

all deluxe burgers served with cup of soup or fries

PARKLAND'S Special Burger	Tex Mex Burger	Greek Burger	Steak Burger	Grilled Chicken Burger
Deluxe hamburger with lettuce, tomato, onion, green pepper, mayo 9.99	Two ¼ lb hamburger patties, fried onions, bacon, Monterey Jack and cheddar cheeses, BBQ sauce 11.99	feta cheese, lettuce, tomato, side of homemade tzatziki sauce 9.99	on steak roll fried onions, mushrooms, BBQ sauce, cheddar cheese 10.99	fried onions, bacon, BBQ sauce, Swiss cheese, pickle and cole slaw 10.99



Wraps

- | | | | |
|---|--|---|---|
| B L T Chicken Wrap
Diced chicken, bacon, lettuce, tomatoes, Monterey Jack & cheddar cheeses and ranch dressing, served with cole slaw & pickle 9.99 | Tuna or Chicken Salad Wrap
Lettuce, tomatoes, Monterey Jack and cheddar cheeses, served with cole slaw & pickle 8.99 | Turkey Club Wrap
Thinly sliced turkey breast, lettuce, tomato, bacon, and mayo, served with cole slaw & pickle 9.99 | Veggie Wrap
tomatoes, onions, peppers, mushrooms, broccoli & Monterey Jack and cheddar cheeses, served with cole slaw & pickle 7.99 |
|---|--|---|---|

DELUXE WRAPS - Your Choice: 12.99

all deluxe wraps served with cup of soup or fries

Mexican	Gyro	Chicken Caesar	Cheesesteak	Mediterranean
Grilled chicken, rice, cheddar, black beans & salsa	Lettuce, tomato, onion & homemade tzatziki sauce	Grilled chicken, Romaine lettuce & caesar dressing	with marinara sauce and sautéed onions	Grilled chicken, onion, pepper, feta cheese, tomato & house dressing



Dinner Entrées

Homemade Favorites

Served with *salad* or *cup of soup*, two sides, bread & butter

Turkey Dinner
roast young tom turkey with filling, gravy and cranberry sauce 15.99

Homemade Baked Meatloaf
with gravy 13.99

Honey Dipped Fried Chicken
15.99

Homemade Shepherd's Pie
12.99

Chicken Croquettes
on a bed of mashed potatoes covered with gravy 13.99

Texas Meatloaf
with bacon, BBQ, topped with cheddar cheese 15.99

Grilled Chicken Breast
marinated chicken over rice 15.99

½ Roasted Chicken
over homemade filling 14.99



Baskets \$13.99

Served with fries and cole slaw

Chicken Finger Basket
with honey mustard sauce

Shrimp Basket
with tartar sauce

Fish & Chips
with tartar sauce



Fajitas

Served with salsa, sour cream, guacamole, lettuce, Jack and cheddar cheeses, rice, flour tortillas, roasted onions, and peppers.

Steak Fajita 16.99

Chicken Fajita 15.99

Shrimp Fajita 17.99



BEVERAGES

Coffee 2.35
regular or decaf

Hot Tea
regular or decaf 2.35

Herbal Tea 2.59
Iced Coffee 2.99

Soda 2.99

Milk
small 2.25 | large 2.75

Chocolate Milk
small 2.50 | large 2.99

Hot Chocolate
with whipped cream 2.99

Fruit Juices
small 2.75 | large 3.25

*NOTICE However Consuming raw or undercooked meat, poultry, seafood, shellfish or eggs may increase your risk of food-borne illness

Dinner Entrées

*Seafood

Served with *salad* or *cup of soup*, two sides, bread & butter | Add browned butter 1.00

Broiled Filet of Flounder
in butter 16.99

Broiled Filet of Haddock
in butter 16.99

Fried Filet of Haddock 16.99

Broiled Crab Stuffed Haddock
in butter 17.49

Broiled Crab Stuffed Flounder
in lemon 17.49

Fried Butterflied Shrimp 16.99

Broiled Stuffed Shrimp
in butter 17.99

Broiled Salmon
in butter 18.49

Broiled Deep Sea Scallops
in butter 18.99

PARKLAND'S Crab Cakes
broiled or fried. 18.99

BROILED SEAFOOD COMBINATION

crab cake, stuffed shrimp, scallops, and haddock with lemon butter 20.49



FRIED SEAFOOD COMBINATION

haddock, shrimp, scallops, and crab cake served with cocktail & tarter sauce. 20.49



*Steak & Chops

Served with *salad* or *cup of soup*, two sides, bread & butter

Ribeye Steak
with steak cut onion rings 19.99

N.Y. Strip Steak
with steak cut onion rings 18.99

Country Fried Steak
with sausage gravy 14.99

London Broil
with mushrooms and gravy 17.99

Fresh Baked Virginia Ham
with fruit sauce 14.99

Boneless Pork Chops 16.99

Center Cut Pork Chops 16.99

Half BBQ Ribs 13.99

Grilled Baby Beef Liver
with onions and gravy 12.99
add *bacon* 1.99

Handcrafted Chopped Sirloin
with onions and gravy 14.99

COOKING TEMPERATURES FOR STEAKS AND BURGERS

RARE-cold, red center, **MEDIUM RARE**-cool, red center, **MEDIUM**-warm, pink center, **MEDIUM WELL**-hot, slightly pink center, **WELL**-hot, brown center



PARKLAND'S Stir Fry

Served with *salad* or *cup of soup*, bread & butter. | Stir fry served over a bed of rice.

Vegetable 13.49

Chicken 16.99

Shrimp 17.99

Beef 16.99

Dinner Entrées

Italian Specialties

Served with *salad* or *cup of soup*, bread & butter

**Breaded Veal
Cutlet Parmigiana**
over linguini 15.99

**Breaded
Chicken Parmigiana**
over linguini 15.99

Shrimp Scampi
over linguini 18.99

Breaded Veal Cutlet
with homemade gravy or
homemade marinara sauce
(served with two sides) 14.99

**Breaded
Eggplant Parmigiana**
over linguini 13.99

Chicken Alfredo
with mushrooms
over linguini 18.99

Manicotti 13.99

Chicken Scampi
over linguini 16.99

Linguini
with tomato sauce 10.99
with meatballs 12.99

Meat Lasagna 13.99



Must be
55 or
older

Senior Citizen

No Other
Discount
Available

Served with *salad* or *cup of soup*, one side, bread & butter

**Homemade
Baked Meatloaf**
with gravy 11.99

**Boneless
Pork Chop** 11.99

**Grilled BBQ
Chicken Breast** 11.49

**Stuffed Crab
Flounder** 13.99

Baby Beef Liver
with onions & gravy 11.99

Veal Cutlet
with gravy or
tomato sauce 11.99

**Chicken
Croquettes**
with gravy 11.49

**Baked
Virginia Ham**
with fruit sauce 11.99

PARKLAND'S

Famous Crab Cake

A Family recipe since 1983 | 12.99



**Center-cut
Pork Chop** 11.99

12 years
and
under

KIDS MENU

Includes small soda or milk and scoop of ice cream or jello

**Chicken
Fingers**
with fries 9.99

**Grilled
Cheese**
with fries 9.99

**Baked
Meatloaf**
with mashed
potatoes & gravy 9.99

Spaghetti
with tomato sauce,
& meatballs 9.99

***Hamburger**
with fries 8.99

Hot Dog
with fries 8.99

Side Orders

Caesar Salad 4.99
with any entrée 3.00

Mashed Potato
with gravy 2.99

Coleslaw 2.99

Garden Salad 3.99
with any entrée 1.00

Bread & Potato Filing
with gravy 2.99

Pickled Beets 2.99

**French Fries or
Homefries** 2.99

Rice Pilaf 2.99

Applesauce 2.99

Spinach Pie 2.99

Vegetable of the Day 2.99

Pita Bread 2.99

Cottage Cheese 2.99
with apple butter 1.00 extra

Breakfast all Day

Egg Platters

Two Eggs

served with homefries, buttered toast, and jelly 5.99

One Egg

served with homefries, buttered toast, and jelly 4.99

Egg Beaters

served with homefries, buttered toast, and jelly 7.49

Add any meat: ham, bacon, sausage, scrapple, pork roll & Canadian bacon for 3.60
Corned beef hash 3.99 | Add cheese (2 slices) 1.00 | Sub fruit for homefries 2.60

3 *Egg Omelettes

Served with home fries, buttered toast & jelly

Egg beaters or egg whites 1.99 extra | Add cheese (2 slices) 1.00

Cheese 7.49

Bacon or Ham or Sausage 7.99

Western 7.99

Smoked Sausage 8.49

Cheesesteak

thinly sliced chip steak, fried onions, American cheese and marinara sauce 9.49

Greek

crumbled feta cheese, spinach, diced onions & tomatoes 9.49

Meat Lover's

ham, bacon & smoked sausage 9.49

Gyro

chopped gyro meat, tomatoes, onions, side of tzatziki sauce 9.49

Turkey Club

thinly sliced turkey breast, bacon & tomatoes 9.49

Godfather

sausage, peppers, onions, provolone & marinara sauce 9.49

Florentine

spinach, swiss and provolone cheeses 9.49

From The Griddle

Served with butter & syrup | Add fresh Strawberries or Blueberries 2.60 | Banana 1.75

Buttermilk

Pancakes (3) 6.99
Short Stack (2) 5.99

French Toast (3) 6.99
Short Stack (2) 5.99

Blueberry or Chocolate Chip

Buttermilk Pancakes 7.49
Short Stack (2) 6.99

Stuffed French Toast

3 French toast with sweetened cream cheese, strawberries, blueberries, powdered sugar & whipped cream 9.49
Short Stack 8.49

Banana Nut

Buttermilk Pancakes
3 buttermilk pancakes filled with walnuts and bananas 8.99
Short Stack 7.99

Cinnamon Raisin Bread

French Toast 8.49
Short Stack 7.99

Buttermilk

Pancake Rolls (2)
stuffed with sweetened cream cheese, strawberries, blueberries, powdered sugar & whipped cream 9.49

Desserts

Homemade Pudding

with whipped cream
small 3.99 | large 4.99

Jello

with whipped cream
small 3.99 | large 4.99

Assorted Pies 4.99

Assorted Cakes 5.49

Cheesecake 6.49

Ice Cream

small 3.99 | large 4.99

Ice Cream Sundae 7.99

Banana Split Sundae

French vanilla ice cream, with chocolate syrup, whipped cream, strawberries, crushed peanuts, & maraschino cherry 8.99



ALA MODE
1.99 EXTRA

