



APPETIZERS & HOMEMADE SOUPS

Fried Provolone with homemade marinara sauce 6.10

Buffalo Tenders

Served with bleu cheese dressing 7.25

Smothered Pierogies topped with caramelized onions, sour cream and scallions 6.10

Homemade Soup of the Day

Always hot and hearty. Ask your server for today's selection.

Cup 2.55 Bowl 3.95

COLD SALAD PLATTERS

Dressing Choices

Greek Vinaigrette . Creamy Italian . French . Russian . Ranch . Bleu Cheese . Lite Italian Vinaigrette

Chef's Salad

Thinly sliced roast beef, ham, turkey, and American cheese rolled on a bed of mixed greens with sliced onion, green pepper, tomato and hardboiled egg. 9.10

Parkland's Greek Salad

A mixture of greens, tomatoes, onions, cucumbers, green peppers, anchovies, feta cheese, black olive and stuffed grape leaves served with Greek vinaigrette and specialty herbs. 9.10

Grilled Chicken Salad

Grilled chicken atop a mixture of greens, tomatoes, onions and green peppers. 9.10

Tuna or Chicken Salad Platter

Served on a bed of lettuce with tomatoes, hard boiled egg, green pepper, onion and chef's garnish (side of coleslaw, pickled beets and pasta) 9.10

Chicken Caesar Salad

Grilled chicken atop of Romaine lettuce tossed in our homemade Caesar dressing with parmesan cheese and seasoned croutons. 9.10

HOT OPEN FACED SANDWICHES

*Served with Gravy, Potato and Vegetable
Your Choice 8.75*

Baked Virginia Ham
Homemade Baked Meatloaf

Roast Beef
Roast Turkey

HAMBURGER CORNER

*1/4 lb USDA choice beef, served with coleslaw and pickle
For 1/2 lb Black Angus add 2.75 Extra

Hamburger 3.55

Cheeseburger 4.10

California Burger lettuce, tomato, mayo, green pepper & raw onion 4.45

Pizza Burger 4.25

Bacon Cheeseburger 5.35

Patty Melt Burger 4.25

Mushroom Swiss Burger 4.95

♥ **Low Carb Burger** with cottage cheese, lettuce and tomato 5.85

Parkland Special

*A Parkland tradition since 1983.
Deluxe hamburger served with lettuce, tomato, onion, green pepper, mayo, including french fries, pickle and coleslaw. 5.60*

Tex Mex Burger

Two 1/4lb Black Angus Burgers topped with fried onions, bacon, Monterey Jack and cheddar cheeses and BBQ sauce. Served with french fries, pickle and coleslaw. 7.65

*Consuming raw or undercooked meat, poultry, seafood, shellfish or eggs may increase your risk of food-borne illness

An Authentic Family Tradition

QUESADILLAS

*All Quesadillas include Monterey Jack and cheddar cheeses
Served with salsa and sour cream*

Your Choice of:

*Chicken, Steak or Veggie (onions, peppers, mushrooms, and broccoli)
7.45*

WRAPS

Served with coleslaw and pickle

BLT Chicken Wrap

*Diced chicken, bacon, lettuce, tomatoes, Monterey Jack and cheddar
cheeses and ranch dressing 7.10*

Tuna or Chicken Salad Wrap

Lettuce, tomatoes, Monterey Jack and cheddar cheeses 6.15

Turkey Club Wrap

Thinly sliced turkey breast, lettuce, tomato, bacon and mayo 7.10

TRIPLE DECKERS

*Served on your choice of White, Wheat or Rye with lettuce, tomatoes, bacon,
mayonnaise, coleslaw and pickle
7.75*

**Roast Beef and Bacon
Turkey and Bacon**

**Ham and Bacon
Tuna and Bacon**

Our Famous Gyro

*Served on pita bread with lettuce, tomato,
onions, tzatziki sauce, french fries and coleslaw 8.10*

Chicken Gyro 8.10

Turkey Rachel

*Served on rye bread, with coleslaw
thousand island dressing, swiss cheese and cup of soup 8.10*

Chicken Finger Basket

Served with french fries and coleslaw 9.10

SPECIALTY SANDWICHES

*Served with coleslaw and pickle
add tomato slice .50 add cheese slice .50*

Steak Sandwich 5.35

Sub Chicken 5.35

Grilled Cheese 3.60

add bacon or ham 5.05 add tomato 4.35

Cold Roast Beef with mayo and lettuce 5.75

Cold Baked Ham with mayo and lettuce 5.75

Cold Roast Turkey with mayo and lettuce 5.75

BLT with mayo 4.85

Tuna Salad with lettuce 5.15

Chicken Salad with lettuce 5.15

Meatball Parmigiana Hero 6.10

**Fried Tilapia Sandwich with lettuce on
Kaiser roll and tartar sauce 6.10**

**Parkland's Fried Crabcake Sandwich with lettuce
on Kaiser roll and tartar sauce 6.75**

Veal Parmigiana Hero 7.10

**Buffalo Chicken Sandwich on Kaiser roll with
Bleu cheese dressing and buffalo sauce 7.10**

**Grilled Chicken Sandwich on Kaiser roll with
lettuce, tomato and mayo on side 7.55**

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STEAKS AND CHOPS

Served with cup of soup, potato, vegetable, bread and butter

Parkland's Ribeye Steak

with steak cut onion rings 15.10

Handcrafted Chopped Sirloin

with onions and gravy 11.55

Fresh Baked Virginia Ham with fruit sauce 11.75

Choice Center Cut Pork Chops 11.75

Grilled Baby Beef Liver with onions and gravy 9.95
add bacon 1.75

Cooking temperatures for steaks and burgers

RARE-cold, red center **MEDIUM RARE**-cool, red center

MEDIUM-warm, pink center **MEDIUM WELL**-hot, slightly pink center **WELL**-hot, brown center

HOMEMADE FAVORITES

Served with cup of soup, potato, vegetable, bread and butter

Thanksgiving Dinner

Roast Young Tom turkey with filling, gravy and cranberry sauce 11.75

Homemade Baked Meatloaf with gravy 10.75

Honey Dipped Fried Chicken 12.35

Chicken Croquettes on a bed of mashed potatoes covered with gravy 9.95

ITALIAN SPECIALTIES

Served with cup of soup, bread and butter

Breaded Veal Cutlet with homemade gravy or homemade marinara sauce (served with two sides) 9.95

Breaded Veal Cutlet Parmigiana over linguine 10.95

Breaded Chicken Parmigiana over linguine 11.45

Pork Parmesan over linguine 12.55

Linguine with tomato sauce 8.75

Linguine with meatballs 10.35

BROILED AND FRIED SEAFOOD

Served with cup of soup, potato, vegetable, bread and butter

Broiled or Fried Haddock with lemon butter 12.25

Broiled Filet of Tilapia with lemon butter 12.25

Fried Filet of Tilapia 12.25

Broiled Salmon with lemon butter 13.45

Broiled Stuffed Shrimp with lemon butter 13.45

Fried Butterflied Shrimp 12.95

Broiled Stuffed Flounder with lemon butter 13.10

Broiled Deep Sea Scallops with lemon butter 16.10

Parkland's

Famous Crabcakes

Family recipe since 1983.

Try them broiled or fried.

13.35

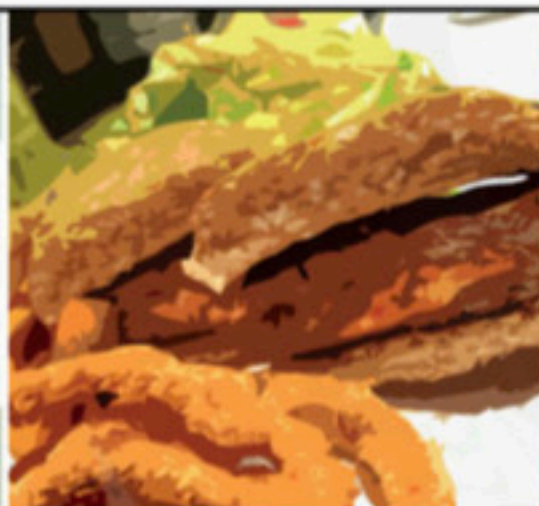
Broiled Seafood Combination

Crabcake, stuffed shrimp, bacon wrapped scallops, haddock

with lemon butter 15.35

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An Authentic Family Tradition



SENIOR CITIZEN

Must be 55 or older

Served with cup of soup, one side, bread and butter

Homemade Baked Meatloaf with gravy 7.95

Baby Beef Liver with onions and gravy 7.95

Boneless Pork Chop 7.95

Veal Cutlet with gravy or tomato sauce 7.95

Grilled BBQ Chicken Breast 7.95

Stuffed Flounder 9.10

Chicken Croquettes with gravy 7.95

Baked Virginia Ham with fruit sauce 7.95

Parkland's Famous Crabcake

A Family recipe since 1983.

8.35

SIDE ORDERS

Caesar Salad 4.10

Garden Salad 3.10

Steak Cut Onion Rings with ranch dressing 4.10

French Fries or Homefries 2.35

Mashed Potato with gravy 2.35

Bread & Potato filling with gravy 2.35

Rice Pilaf 2.45

Vegetable of the Day 2.35

Coleslaw 2.35

Applesauce 2.45

Pita Bread 2.45

Cottage Cheese

3.75

BEVERAGES

Coffee Regular or Decaf *free refill* 1.65

Hot Tea Regular or Decaf 1.65

Herbal Tea 2.45

Iced Coffee *free refills* 2.45

Iced Tea *free refills* 2.45

Sodas *free refills* 2.45

Milk small 1.95 large 2.45

Chocolate Milk small 2.15 large 2.65

Hot Chocolate *with whipped cream* 2.15

Milk Shake *Vanilla, Chocolate, Strawberry* 4.50

KIDS CORNER

For Children Under 12

Includes small soda or milk and scoop of ice cream or jello

Chicken Fingers

with french fries 6.75

Grilled Cheese

with french fries 6.10

Spaghetti

with meatballs 6.65

Homemade Baked Meatloaf

with mashed potatoes

and gravy 7.10

Hamburger

with french fries 6.65

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BREAKFAST SERVED ANYTIME

FARM FRESH EGGS

Served with homefries and buttered toast

- One Egg any style 4.10
- Two Eggs any style 4.60
- Egg Beaters 5.45

Add ham, bacon, pork roll, scrapple, Candian bacon or sausage 2.60, corned beef hash 3.95

3 EGG OMELETTES

Served with homefries and buttered toast

- Cheese Omelette 5.65
- Ham Omelette 6.45
- Western Omelette 6.45
- Bacon Omelette 6.65
- Smoked Sausage Omelette 7.10
- Egg Beaters or Egg Whites 1.65 extra
- Add Cheese (2 slices) 1.00

SPECIALTY OMELETTES

Served with homefries and buttered toast

Cheesesteak Omelette

thinly sliced chip steak, fried onions, American cheese and homemade marinara sauce 7.95

Greek Omelette

crumbled feta cheese, spinach, diced onion and tomato 7.75

Turkey Club Omelette

thinly sliced turkey breast, bacon & tomatoes 7.95

Florentine Omelette

spinach, swiss and provolone cheeses 7.75

Meat Lover's Omelette

ham, bacon and smoked sausage 7.95

Gyro Omelette

chopped gyro meat, tomatoes, onions and a side of tzatziki sauce 7.95

Godfather Omelette

sausage, peppers, onions, provolone and homemade marinara sauce 7.95

FROM THE GRIDDLE

Served with butter and maple syrup

Golden Brown Buttermilk Pancakes (3) 4.95

Short Stack (2) 4.45

Banana Nut Buttermilk Pancakes

3 buttermilk pancakes filled with walnuts and bananas 7.55 Short Stack 6.75

Blueberry or Chocolate Chip

Buttermilk Pancakes 6.65 Short Stack 5.85

Cinnamon Raisin Bread French Toast 7.15

Short Stack 6.35

French Toast (3) 4.95 Short Stack (2) 4.45

Stuffed French Toast

3 French toast with sweetened cream cheese, strawberries, blueberries, powdered sugar & whipped cream 7.55

Short Stack 7.05

Buttermilk Pancake Rolls

2 buttermilk pancakes stuffed with sweetened cream cheese, strawberries, blueberries, powdered sugar & whipped cream 7.75

Add fresh Strawberries or Blueberries 1.95 Banana 1.25

All Items Available To Go

Not Responsible For Lost Articles

BANQUET FACILITIES AVAILABLE

*Consuming raw or undercooked meat, poultry, seafood, shellfish or eggs may increase your risk of food-borne illness. Eggs cooked to order.